

Dear passenger,

According to the Ministerial order stipulating the health security measure of self-isolation, Class: 501-01/20-01/06, Numbers: 534-02-20-1 to 534-02-20-6, issued on 14, 16, 19, 20 and 21 March 2020., you are required to submit to self-isolation if you are arriving from a country reporting wide spread or local transmission of coronavirus disease COVID-19 during 14 days.

A person who falls ill with COVID-19 is infectious for contacts from the very beginning of illness, when the symptoms are still mild and may transmit the virus 1-2 days before onset of symptoms. The purpose of self-isolation is to minimize the number of contacts who may be infected in case you fall ill, in order to minimize disease transmission in the community.

Please proceed to your designated accommodation by the shortest route and when you arrive (or next morning, if you arrive during the night) contact the epidemiologist responsible according to the county of your accommodation by telephone. The list of county epidemiologists' mobile phone numbers is provided below.

During the self-isolation period do not leave your accommodation.

If you develop symptoms of respiratory disease (fever, cough, shortness of breath, difficulty of breathing, sore throat, malaise), contact the Emergency medicine service (telephone 112, or 194 if in Zagreb) and the epidemiologist according to your place of stay, who will decide on the need of testing for coronavirus.

If you require medical assistance for reasons which are not related to respiratory disease, contact the Emergency medicine service (telephone 112, or 194 if in Zagreb) or ask your fellow passenger or accommodation owner to contact a doctor for you. Do not go to medical institutions on your own, without contacting the institution by telephone in advance.

Minimize the number of your social contacts during the self-isolation period only to persons who you need to meet of essential purposes, e.g. delivery of medicines, food, household necessities. Avoid physical contact and keep distance from others of at least 2 meters. Pay special attention to avoid contact with senior citizens and persons with chronic illnesses.

Wash hands frequently. Take special care to clean surfaces and objects you come in contact with in order to reduce risk of spread of the virus to household members. Regular cleaning detergents with declared disinfecting properties are suitable. Frequently ventilate the room you use by opening windows with closed doors.

You can find more information on coronavirus and methods to prevent disease on web pages of the Croatian Institute of Public Health <https://www.hzjz.hr/sluzba-epidemiologija-zarazne-bolesti/koronavirus-najnovije-preporuke/>

Mobile phone numbers of county epidemiologists you should contact upon arrival to your destination/accommodation are listed in the table below.

County epidemiologists' mobile phone numbers	
ZZJZ "Dr. Andrija Štampar", Zagreb City	091 46 96 444
ZZJZ Krapinsko-zagorske	099 245 55 45
	091 730 79 13
	091 510 31 65
ZZJZ Sisačkomoslavačke	098 29 35 78
	098 293576
	098 29 35 72
	098 981 32 73
ZZJZ Karlovačke	098 247 630
ZZJZ Varaždinske	099 211 98 02
ZZJZKoprivničkokriževačke	098 59 22 15
ZZJZ Bjelovarskobilogorske	098 49 20 24
ZZJZ Primorskogoranske	091 125 72 10
ZZJZ Ličkosenjske županije	091 504 49 17
ZZJZ Virovitičkopodravske	098 46 59 45
	098 46 59 44
ZZJZ Požeškoslavonske	098 98 29 204
ZZJZ Brodskoposavske	091 51 70 426
ZZJZ Zadarske	098 33 27 65
ZZJZ Osječkobaranjske	031 225 717
ZZJZ Šibenskogninske	091 43 41 201
ZZJZ Vukovarskosrijemske	091 37 04 290
	0912700366
ZZJZ Splitskodalmatinske	091 15 12 003
ZZJZ Istarske	099 529 44 55
ZZJZ Dubrovačkoneretvanske	098 24 34 54
ZZJZ Međimurske	098 55 88 11
ZZJZ Zagreb county	099 736 87 84
Croatian Institute of Public Health	098 22 77 53